



Hydration station!

HYDRAFACIAL FROM HIGH TECH MEDICAL IS HAILED AS THE ANSWER TO MANY SKIN WOES, HYDRATING, PLUMPING AND SMOOTHING, AS WELL AS GIVING PATIENTS A DOSE OF PAMPERING, ALL WITHIN AS LITTLE AS 60 MINUTES.



What is the HydraFacial?

In a nutshell, it is relaxing 30-minute facial that combines a number of modalities, including cleansing, exfoliation, an acid peel, extraction, hydration and infusions, as well as skin protection. Think: traditional microdermabrasion, with superior added extras.

How is the HydraFacial different to traditional microdermabrasion?

The first step of HydraFacial incorporates elements of dermabrasion by utilising a patented spiral Hydropeel tip combined with cleansing serums. HydraFacial then steps beyond microdermabrasion by including additional steps such as painless pore extractions, mild skin peels and nourishing antioxidant serums infusions that work in synergy to achieve better results.

The result is more comprehensive, leaving the skin radiant and glowing without irritation, discomfort or downtime.

What does a HydraFacial treatment involve?

There are three steps to the treatment, two of which focus on cleansing, while one targets nourishment and hydration. HydraFacial begins with cleansing and exfoliation to remove dead cells and debris that might be clinging to the complexion's surface. This is followed by a glycolic and salicylic acid peel to soften congestion in the pores in preparation for the extraction stage. Next, a vortex suction extraction system is applied to fully decongest the skin, which leaves the pores open and ready to receive serums. The skin is now prepared for the nourishing part of the procedure, which involves

infusing highly active hydrating serums. The serums are advanced formulas consisting of antioxidants and hyaluronic acid, applied to nourish and protect the skin.

What results can patients expect?

No matter what age or demographic, patients can look forward to glowing, radiant and better hydrated skin after their first treatment. With a series of treatments, this will of course improve, particularly when backed up with proper at-home skin care routines. It's even effective in treating congested or acne-prone skin. It can be used as a one-off 'radiance booster', or regularly (once a month is recommended) to maintain a youthful, luminous complexion.

Can it be performed alongside other procedures?

Yes, in fact, it can complement and enhance the results of many other surgical and non-surgical procedures, including facelifts, blepharoplasty, rhinoplasty and other facial cosmetic surgery.

It also works well in conjunction with peels, skin needling, laser skin resurfacing treatments and injectable facial rejuvenation. It is also effective when used between more aggressive laser skin treatments.

Can Any Skin Type Benefit From HydraFacial

Yes – all skin types, tones and textures will benefit from this treatment. It is non-invasive and non-reactive, and it works on all skin types and conditions. It's perfect for preparing skin for a special occasion, addressing dull, uneven skin tones in need of invigoration and of course restoring much-needed moisture to dry skin. **AMP**

For enquiries, call 1300 309 233 or visit www.hightechlaser.com.au

Dr Steven Liew talks HydraFacial



Dr Steven Liew, from Shape Clinic in Sydney, has been using HydraFacial in his busy practice for approximately 18-months. Here, we chat to him about the results.

Q: How do you find patient with the HydraFacial?

A: My patients love it. It's instant gratification with no downtime. Makeup goes on much easier post treatment and it enhances all the benefits of any other treatments they may choose to have in clinic.

Q: Do you find the results are immediate?

A: Yes – they are immediate and there is no downtime. Sometimes patients want to have a really effective treatment but without the downtime. They may have social, family or work commitments and downtime is just not an option, yet they are still after healthy, smooth, glowing skin. HydraFacial ticks all these boxes.

We also have a booster to temporarily plump up the skin, designed to smooth the appearance of fine lines, wrinkles and stimulate collagen and elastin production.

Q: Do the results improve with time?

A: HydraFacial keeps the skin in great condition – glowing, clear and with refined pores, alongside appropriate use of skincare at home.

Q: Does the treatment hurt?

A: The treatment does not hurt and is quite relaxing. There is the ability to perform lymphatic drainage before the treatment, too, which aids relaxation. You can also adjust the suction according to the needs of the patient, the congestion or the fragility of the skin.

Q: What other procedures would you use it as an adjunct to?

A: HydraFacial is perfect alongside a great homecare regime and some LED light therapy to really kickstart the skin's immune system, promote healing, increase blood flow and oxygenate the skin. It can also reduce redness, relieve pain and promote skin rejuvenation. Of course, there are injectables too!

Q: What benefit do you believe it has brought to your practice?

A: We are now able to fully treat each patient who walks through the doors. We have non-invasive skin treatments with no downtime, to more intensive laser therapies, injectables and many other modalities all the way up to plastic surgery.